

New Client Information Form

This information will remain confidential.

Please provide the following information and answer the questions below.

Client Information
Date:
Name:
Name: Cell Phone:
Best time to call?
Is it okay to leave messages at these numbers? □ Yes □ No
If no, please list which number it is okay to leave a message
E-Mail Address:
Address:
City State Zip
How long have you been living at this address? Occupation: Date of Birth: For appointment scheduling, what are the best:
Times of day:
Days of the week:
Marital Status:
□ Never Married □ Married □ Domestic Partnership □ Divorced □ Widowed
Emergency Contact Information:
Name:
Relationship:
Phone:



Please list the names and relationships of the five most important people in your life: 1
2
3
4
5
Do you have pets? Yes No If yes, please list:
Education:
How would you rate your overall physical health?
□ Excellent □ Great □ Good □ Fair □ Poor Do you have any sleep problems? □ Yes □ No
If yes, please describe:
Are you dealing with any past or current addictions? Yes No If yes, please describe:
Have you had any issues with Depression, Anxiety, or ADD/ADHD (Attention Deficit Disorder/ Attention Deficit Hyperactivity Disorder)? \Box Yes \Box No
If yes, please describe:
Are you currently seeing a therapist? □ Yes □ No If yes, please describe what issues you are addressing in therapy:
Are you currently taking any medications? □ Yes □ No If yes, please list:
Are you usually: □ Early □ On Time □ Running Late



Reshaping Individuals and Businesses

Do you exercise regularly? □ Yes □ No If yes, please describe what you do and how often:
How often do you watch television?
What are your favorite hobbies and sports?
What do you do for fun?
What is your spiritual orientation?
When you treat yourself, what are things you like to do?
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What is your idea of a perfect vacation?
How did you hear about me?